

# Child and Young Person's Counsellor

## **Job Description**

Salary: £30 per hour

Hours: 16 hours per week

Location: Hertfordshire in person (and online from home)

## **Background**

Trauma Recovery CIC offer trauma focused therapy to victims/survivors of trauma regardless of when the experience took place.

Clients engage with the service from various backgrounds and we are able to offer time limited free as well as open ended self funded therapy.

The service works with a variety of organisations to secure funding for their service users.

Trauma Recovery launched in October 2020, at this time services were offered to all survivors of sexual, domestic and/or relational trauma in Hertfordshire and Bedfordshire.

The service has expanded to cover Essex and Cambridgeshire. Our services for children and young people are available for children and young people who are victim/survivors of sexual assault and the assault took place less than 12 months ago. The service supports the child as part of a multi-agency approach.

## Job Summary

This role enables you to be part of an award-winning, innovative team, that brings together a creative and dynamic way of working to create a quality service for clients.

You will work with children, young people and their parents/carers who are victim/survivors of sexual abuse offering both time limited and open ended therapy using the SAFE framework.

The role enables you to work with clients both in person and online.

The requires you to offer in person sessions in Hertfordshire and remote sessions from your home.

This role initially is 6 months on a self employed basis with the possibility of an employed role after the initial period. Within the 16 hours you will see up to 13 clients per week, attend team meetings, case management and clinical supervision. All supervision is funded by Trauma Recovery CIC and is with our approved external clinical supervisors



You will have a balance of client sessions, in house CPD, case management supervision and admin. One Tuesday per month Trauma Recovery hold a whole team meeting, on other weeks you will attend ini house CPD and team catch ups. This enables the entire team to meet in person to enhance relationships and team cohesion.

You will have excellent communication skills, knowledge of the links between trauma and addiction and the ability to travel across agreed counties.

## Main Responsibilities

- Work with CYP victim/survivors of sexual abuse offering time-limited therapy and open ended therapy
- Commit to working within the SAFE framework for trauma-focused therapy
- Complete client notes accurately and clearly
- Work within a multi-agency service representing Trauma Recovery
- Attend clinical supervision, case management CPD and team meetings regularly
- Work as part of a team to develop the service
- Identify ongoing client needs and safeguarding concerns
- Contribute to monitoring and feedback on the service
- Work within The National Counselling Society code of conduct and ethical guidance

## General Responsibilities

- Ensure that you maintain membership in a professional counselling organisation that is also recognised by the professional standards authority (such as NCS, BACP, UKCP)
- Maintain professional conduct at all times that supports the ethos of Trauma Recovery
- Participate as a team member, contributing to team development as well as your own professional and personal development
- Execute and assist with administrative support as needed
- Follow steps to ensure compliance with GDPR and Trauma Recovery policies and procedures
- Assist with monitoring data to develop the service



## Person Specification

We are looking for an exceptional individual with a passion for our clients to heal from the impact of trauma

#### Knowledge and experience

- Qualified to at least level 4 counselling diploma level with a specific counselling qualification covering working with Children and Young People
- Your qualification must have included a minimum of 100 placement hours
- Minimum 1 year post qualifying experience
- Experience of working with CYP victim/survivors of sexual abuse and their families
- Experience in offering time-limited therapy within a clear, focused framework
- Understanding of multi-agency working
- Professional registration with a body approved by the professional standards authority
- Commitment to deepening your knowledge and expertise around working with all victims of trauma regardless of gender and background
- An understanding of emotional and practical issues which may arise in relation to trauma

#### Skills and abilities

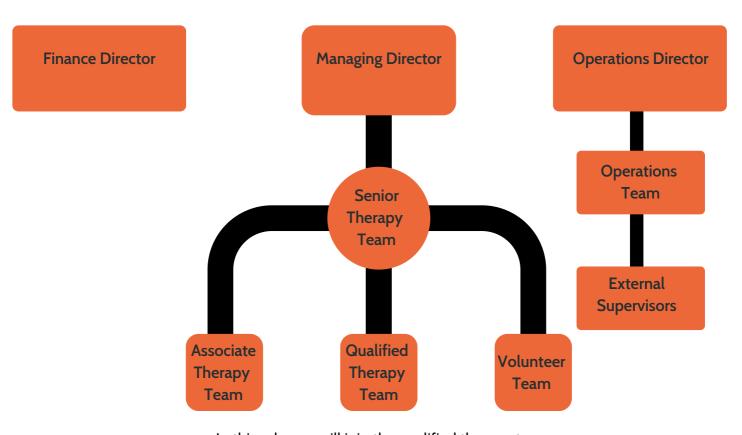
- Ability to develop good therapeutic relationships
- Ability to travel around the agreed geographical area
- Ability to work within a clear process to safeguard clients
- Ability to complete client notes and assessments in an accurate and timely manner
- Basic IT skills
- Commitment to Trauma Recovery's vision, ethos and values
- Commitment to attend clinical supervision and case management regularly as required
- Ability to attend team meetings
- A clear enhanced DBS check
- Ability to attend Trauma Recovery CPD regularly
- Commitment to adhere to all Trauma Recovery CIC's policies and procedures
- Commitment to monitoring, feedback and evaluation processes
- Commitment to adhere to NCPS code of conduct and ethical guidance
- Commitment to integrate with Trauma Recovery CIC clinical model/framework
- To provide TRCIC a minimum notice of at least 8 weeks if leaving the service
- To provide TRCIC a minimum notice of 4 weeks for holidays or any planned breaks
- To participate and assist with all research, feedback and evaluation projects by accurate data completion.
- Ability to engage clients with different cultural needs and to deliver counselling that is culturally sensitive



### What we offer

- A competitive salary for a not-for-profit organisation based outside of London
- Possibility of an employed role (depending in funding and company requirements)
- Funded monthly individual clinical supervision with external supervisors
- Regular in house CPD hours
- Regular full-day team training
- Regular team-building sessions
- Regular case management supervision and team meetings
- Multi-disciplinary trauma recovery service covering Hertfordshire, Bedfordshire, Cambridgeshire & Essex
- Collaborative working with other professionals as part of a team
- Opportunity to develop your role and progress within the business

#### Our structure



In this role you will join the qualified therapy team



## How to join our team

To apply for the role there is no need to send a CV, simply complete an application form.



(if the link does not work, please visit: www.trcic.org/join-our-team)

When completing your application please ensure you address the outlined specification and demonstrate how you meet the criteria by providing relevant examples.

We welcome and encourage applications from people of all backgrounds.

#### Please Note:

Please note that all applications received after the closing date (if this has been stated) will be automatically rejected as standard practice and without exception, in the interests of fair process.

The Counsellor Task Description and Personal Qualities Specification do not constitute a contract but form part of a working agreement; subject to agreed variation.

Successful Applicants will be required to complete an Enhanced DBS check and provide satisfactory references.